



PUBLIC HEALTH NURSING 4 SLOUGH

The Public Health Nursing 4 Slough Service is your local Health Visiting and School Nursing provider which aims to promote a healthy lifestyle for all children, young people, and their families living in Slough. All people aged 0-19 years can access the service, and for those with Special Educational Needs and/or Disabilities (SEND) this is increased to those up to the age of 25.

We aim to deliver **5 core Health Visitor contacts** and **5 core School Nurse contacts**:

Antenatal contact

New Birth contact

6-8-week Postnatal review

9-12-month review

24-30-month review

School entry review
4-5 years

Year 6 parent and child review
10-11 years

Year 9 health review
13-14 years

School leavers post-16
health needs review

Transition to adult services
health promotion

During these core contacts, the service provides the family with valuable health promotion on the following topics:

Child Development

Dental and Oral Health

Healthy lifestyle

Breastfeeding and Weaning

Sleep, Routines, and Behaviour

Emotional and mental wellbeing

Healthy relationships

Medical needs

If you have any questions regarding our service and how we can help you, please contact us on our duty line (Monday to Friday from 9.00am - 5.00pm) where one of our team will be happy help.



How to contact Public Health Nursing 4 Slough:



01753 373 464 / 0800 772 3578



Publichealthnursing4slough@nhs.net



www.Publichealthnursing4slough.co.uk

